

**Tipe Koleksi: Indeks Artikel Jurnal**

## **Siakp Wanita Menopause Terhadap Peristiwa Menopause dan Hubungannya dengan Kualitas Keberagaman Pada Ibu-ibu Anggota Jamaah Pengajian di Kampung Joyonegaran Yogyakarta.**

Abdul Rahamt

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### **Abstrak**

As far as her life, every woman experiences many phases. Menopause in one of the naturally phase in their life. menopause is one of major turning point in a woman' s life. Approaching menopause involves a process of change and every women experiences this transition in unique and individual ways. For many women menopause become a "ghost", fear haunted her mind. Any negative perception about menopause, as a oldest, dented, not productive, etc. As a part of naturally phase every women, menopause caused change in their life. Many woman discover that menopause gives them a new lease on life physically, emotionally, sexually, and spiritually. Her physic become weak, emotionally more labil as period of puberty; sexually go down. They are enthusiastic about becoming free of their concern about pregnancy and premenstrual syndrome (PMS). Menopause should be grateful, because it can be indicated for their life when had oldest. Oldest identic with death. So, every women who menopause should more introspection, spent most their time to prayer approach to their God.

The result from this research was every women who had menopause would increased their religiousness. menopause got up awareness themselves to approach their God.