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**Tipe Koleksi: Indeks Artikel Jurnal**

**BELAJAR DAN LUPA : TANTANGAN BAGI PEMBELAJARAN**

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**Abstrak**

Learning involves forgetting. Learning and forgetting reside in various phases of memory. Successful learning has to combat forgetting and it is done through various methods and strategies. Yet it has to be refreshed periodically to preserve a longer and lasting memory.